



blood orange

## asparagus

Mexican supplies and quality are very good, with firm compact tips. Peruvian supplies remain very light and quality remains fair at best. February should be a great month to promote.

## avocados

The outlook for the next six months looks good. Mexico will have steady supplies through May; CA will begin in March; Peru will start in late May through September.

## beans, green ALERT

Supplies remain very tight for the next week or so due to the cooler temps in FL; expect to see more scarring and some smaller, misshapen beans with some chill damage. Processors continue to pull from Mexico to supplement supply; quality remains fair to good with some color variation. Due to tight supplies, processors are not allowing proper dry time prior to shipping—be aware of excessive moisture in bags on arrivals.

## berries—black, blue, & raspberry

Blueberries: Supplies are mostly South American; expect occasional break down and desiccation. Blackberries & Raspberries: Rain and high humidity are affecting both yield and quality in Mexico.

## berries—strawberry

Production has reached normal levels in all growing regions due to unusually warm conditions. Out west, quality has improved with no major concerns this week. We are expecting to be in good shape for Valentine's Day.

## broccoli & cauliflower

**Broccoli:** The market is unsettled and is expected to jump again in two weeks. Quality is fair with brown and loose bead, occasional under-sizing, and branchiness. **Cauliflower:** Quality is fair to good with improved supplies; the market is mostly steady.

## celery

Quality is mostly good, with defects due to inconsistent sizing. The market is coming down.

## citrus ALERT

**Lemons:** Lemons are shorter on smaller fruit, but not to the degree of oranges. The desert crop is looking to wrap up earlier than normal so we expect January to be tight until District 2 (CA's Coastal areas) is running with volume. **Limes ALERT:** The market is active, rain continues to affect the harvest and quality; we will start to see some skin and stylar-end break down. Small fruit remains extremely tight as the crop is heavier to 110's and 150's. **Oranges:** Sizing is expected to remain large for the duration of the season, and 88 ct and smaller will remain demand exceeds supplies through the Navel crop. Small Choice fruit supplies are extremely short.

## cucumbers

Quality is fair to good from Mexico. We are into all imports until mid-March from Honduras; quality is good with dark green color with some soft tips and minimal scarring.

## eggplant

Quality is good from Mexico. FL production is improving; expect more Choice than Fancy. The market is increasing.

## grapes

Supplies are arriving from the southern part of Peru. Chilean grape arrivals are beginning to increase, normalizing the market.

## lettuce

Overall quality is fair with lingering quality issues.

## melons

Overall, we are seeing good supplies, quality, and sizes of both melons.

### onions

Quality is very good on all colors.

### peppers

West: Green bell peppers from Sinaloa are running Large and X-large; quality is fair at best. Red bells are available in moderate supply with good quality; yellow bells have good quality and supply. East: FL green pepper supplies are lighter from FL, expect to see more bruising, stem rot, and some thrip damage. The market is increasing.

### potatoes

Quality is good overall.

### squash

We are transitioning to new fields in southern and northern Sinaloa with improved quality and availability. FL supplies remain light, with better quality in zucchini than yellow squash. Some offshore squash is available with good

quality; quality is better out west right now. The market is increasing.

### tomatoes—all varieties

Markets have stabilized this week due to good supply in all growing regions. The overall market should remain steady through the month of February.

## Top 5 Five

#### 1. BANANAS **ALERT!**

Markets are escalating from a mix of cold weather, rain, serious flooding damaging farms and roads, and labor strike issues in their various growing regions. The market is expected to be active for the next 1-2 weeks.

#### 2. BEANS—GREEN **ALERT!**

Supplies remain very tight for the next week or so.

#### 3. CITRUS—LIMES **ALERT!**

The market is active, weather is affecting quality, and small sizes are tight.

#### 4. BROCCOLI

The market is unsettled and is expected to jump again in two weeks.

#### 3. MUSHROOMS

Snowfall and cold weather has affected eastern and southern farms.

## Item of the Week

### vin-e-gar

A sour liquid obtained by fermentation of dilute alcoholic liquids (fermented cider, malt beer or wine) and used as condiment or to preserve

- 40469 **APPLE CIDER HEINZ 4/1GAL\***
- 64713 **BALSAMIC CARLI 16/250ML**
- 62206 **BALSAMIC DEL DESTINO 2/5LTR\***
- 2350 **BALSAMIC GEMMA NERA 6/250ML**
- 61143 **BALSAMIC ITALY LEONI BIANCO 2/5LTR\***
- 48421 **BALSAMIC ITALY ROLAND 9/33.8OZ\***
- 14785 **BALSAMIC WHITE ITALY ROLAND 2/5LTR\***
- 40477 **RED WINE REGINA 4/1GAL\***
- 8962 **RED WINE VILUX 2/5LTR**
- 41103 **RICE SEASONED MARUKAN 12/24OZ\***
- 62017 **RICE SEASONED MARUKAN 1/1GAL**
- 21367 **RICE SUEHIRO MITSUKAN 1/5.2GAL**
- 82350 **SHERRY WINE DON BRUNO/ROLAND 12/25.4OZ\***
- 82351 **SHERRY WINE DON BRUNO/ROLAND 4/5LTR\***
- 48422 **CHAMPAGNE WINE FRENCH VILUX 2/5LTR**
- 76299 **CHAMPAGNE WINE REGINA 4/1GAL\***
- 40501 **WHITE DISTILLED HEINZ 6/1GAL\***
- 23822 **WHITE DISTILLED 4% OLIVARI 4/1GAL**
- 65955 **WHITE WINE FRENCH ROLAND 4/5LTR**
- 8970 **WHITE WINE VILUX 2/5LTR\***



\*SPLIT CASE ITEM

VEGETABLES	Supply			Price		
	HIGH	INCREASING	DECREASING	HIGH	INCREASING	DECREASING
Asparagus						
Beans - Green						
Broccoli						
Cabbage						
Carrots						
Cauliflower						
Celery						
Corn						
Cucumbers						
Eggplant						
Herbs - Cilantro						
Lettuce - Iceberg						
Lettuce - Leaf G/R						
Lettuce - Romaine						
Lettuce - Spring Mix						
Mushrooms						
Onions - Green						
Onions - Red						
Onions - Yellow						
Peas - Snow/Snap						
Peppers - Chiles						
Peppers - Green (e)						
Peppers - Green (w)						
Peppers - R/Y (e)						
Peppers - R/Y (w)						
Potatoes - Russet						
Potatoes - R/W/Yuk						
Potatoes - Yams						
Spinach						
Squash - Yellow (w)						
Squash - Zucchini (w)						
Squash - Yellow (e)						
Squash - Zucchini (e)						
Tomatoes - Gr/Ch						
Tomatoes - Roma						
Tomatoes - Round						
<b>FRUITS</b>						
Apples						
Avocados						
Bananas						
Berries - Blackberry						
Berries - Blueberry						
Berries - Raspberry						
Berries - Strawberry						
Citrus - Grapefruit						
Citrus - Lemons						
Citrus - Limes						
Citrus - Oranges						
Grapes - Green						
Grapes - Red						
Kiwifruit						
Melons - C/H						
Melons - Watermelon						
Pears						
Pineapple						

e = east w = west

## Grocery Market NEWS

ITEM	PRICE CHANGE FROM LAST WEEK
Chicken WOGS	No change
Chicken Breast Fresh Sized	No change
Chicken Breast Fresh Random	No change
Chicken Breast Frozen Sized	No change
Chicken Wings	Up
Eggs - Large	Up
Eggs - XLarge	Up
Bacon	Up
Cheese Block	Down
Cheese Barrel	Up
Butter	Up